

Coach Supervision

Engage to grow on your coaching journey
Activate your learning as you develop new approaches
Reflect on your insights & apply new learning

EMOTIONS DRIVE PEOPLE PEOPLE DRIVE PERFORMANCE

The World Economic Forum lists emotional intelligence as one of the top skills for the 21st Century... yes, it's "interesting." But how do we make it "valuable"? What's the methodology to increase the effectiveness of coaching?

Six Seconds' proven EQ tools & methods equip coaches to be more present, engaged, equitable, and effective. As working coach, you're faced with daily challenges to fully serve your clients and build your practice. Six Seconds Coach Supervision is a nourishing alliance to take your work further.



COACHING PERFORMANCE

COACHING GROWTH

COACHING CHANGE

EQ COACHING

Q: How do I keep growing as an EQ coach, strengthening myself and my practice to serve my clients – and my Noble Goal?

A: Join your Reflective Coach Supervision group to:

01

Create your Professional Development Plan in a 1-1 session with your supervisor and then collaborate with a small group to pursue your plan

02

Connect with fellow Coaches in ongoing learning to promote excellence

03

Build more effective coaching contracts with metrics

04

Increase your resourcefulness and gain confidence to solve the dilemmas and challenges you face with clients

05

Reduce isolation within your practice through sharing, identifying patterns and developing new insights.

06

ICF Credential holders may submit up to 10 hours of Coaching Supervision as Continuing Coach Education (CCE) units toward credential renewal.

Invaluable experience
that I feel privileged
to have gone through.
So many thought-
provoking and
insightful theories and
tools - delivered in the
most exciting way.

Shamsa Lootah,
Organization Effectiveness Specialist
Cleveland Clinic Abu Dhabi



I'M INTERESTED!

This unique Reflective Coach Supervision opportunity is supported by the Six Seconds emotional intelligence methodology (as used in the EQ Coach Certification).

Who's invited? Groups will include graduates of our EQCC program who are interested in Coaching with Emotional Intelligence.

Prerequisite: Completion of UEQ, ICF ACC or equivalent with minimum of 50 coaching experience hours earned after completing your ACC.

Registration includes one hour of 1-1 supervision and six 90-min group sessions, plus two EQ assessments and resources:
\$1495

Contact to apply:

Marilynn Jorgensen MA, ICF Coach-MCC
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When?

2nd Weds of
each month,
starts Mar 9

8am Pacific
on Zoom

ICF defines Coaching Supervision as a collaborative learning practice to continually build the capacity of the coach through reflective dialogue for the benefit of both coaches and clients.



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Six Seconds is more than an organization with excellent resources and training programs. It is a community that has supported my work, my world and my purpose.

It is a movement that is essential to the survival of humanity and is actually making a difference. I am honored to learn, work and be a part of this community.

Adrienne Seal
Founder and Principal Coach
Spirit Tree Consulting



IMAGINE THE WORLD WITH A BILLION PEOPLE **PRACTICING EQ**

Six Seconds is the global community working to increase emotional intelligence everywhere.

Transformational: Data shows the practice of emotional intelligence increases effectiveness, wellbeing, relationships and quality of life. So, we research and disseminate “what works” and support a network of changemakers to bring these skills into practice everywhere.

Global: Founded in 1997, Six Seconds is the first and largest organization 100% dedicated to the development of emotional intelligence. We have offices and representatives in over 25 nations and our community reaches over 200 countries and territories.

Scientific: Six Seconds, together with our partners around the world, has published 1000s of hours of curriculum (for senior leaders, employees, managers, parents, teachers, children), 350+ hours of certification training to grow world-class experts, scores of case studies (including at FedEx, Siemens, UCB at 6sec.org/cases) and dozens of papers including the ongoing State of the Heart, the world’s largest study of EQ (6sec.org/soh).

